



APPETIZERS

SHROOMS

6.99

Eight portabella triangle slices filled with our family recipe of herbed-cheese stuffing. Served over a swirl of pesto and roasted tomato balsamic puree.

SAUCY MEATBALLS

4.99

Four of our juicy, homemade pork and beef meatballs, accompanied with our signature sauce. Served with toasted focaccia bread.

CHEESE STICKS

4.99

Six oven-baked cheese sticks served with a side of our famous marinara sauce.

ANTI PASTA PLATTER

9.99

Fresh basil-walnut pesto, olive tapenade, fresh mozzarella, roma tomatoes, kalamata olives, artichoke hearts and salami, surrounded by toasted focaccia bread.

CROSTINI

6.99

Six focaccia toast points, topped with fresh buffalo mozzarella, roma tomatoes, and basil-walnut pesto.

FIRE FRIES

7.99

Our baked fries, coated in our hot wing sauce and rebaked, making them extra crispy and extra spicy.

BURNIN' LOVE HOT WINGS OR TENDERS

8.99

Baked Seasoned Spicy Hot Wings, includes both drummies and wings (or have boneless tenders instead). Served with a side of Ranch or Blue Cheese Dressing. (ask to make them spicier with our Hot Sauce)

MEMPHIS PULLED PORK NACHOS

10.99

Tortilla chips topped with smoked & sauced pulled pork, banana peppers, roasted red peppers, jalepeno peppers, and smoked gouda cheese.

DRUNKEN MUSSELS

11.99

Mussels cooked in a broth of beer, cream, butter, garlic, red onions, roasted red peppers, seasoned ground beef, ground Italian sausage, baby spinach, roma tomatoes, blue cheese, and herbs surrounded by fresh focaccia toast points.

SALADS

We use only the freshest ingredients, never a mix.

Our Famous Homemade Dressings: Balsamic Vinaigrette, Thai Peanut, Cilantro Lime Vinaigrette, Blue Cheese, and Ranch. All salads may be made into a low carb wrap.

Any of our Gourmet Salads can made into a wrap for an additional \$1.00 and comes with a side of pasta salad or baked fries.

HOUSE

Small | 3.99 Large | 7.99

Green leaf lettuce, tomatoes, red onions, black olives, feta cheese, and croutons.

GREEK

Small | 3.99 Large | 7.99

Green leaf lettuce, kalamata olives, cucumbers, red onions, banana peppers, and feta cheese.

PASTA SALAD

Small | 3.99 Large | 7.99

Al dente penne pasta tossed in herbed balsamic vinegar, with olives, sundried tomatoes, baby spinach, fresh basil, a little garlic.

JEAN'S GREENS

7.99

Green leaf lettuce, tossed with cucumbers, carrots, tomatoes, and shredded baked chicken (can substitute chicken tenders)

THAI CHICKEN

8.99

Grilled Thai chicken, basil, cilantro, red onion, roasted red peppers, pineapple, roasted peanuts and smoked gouda cheese, served over a bed of green leaf lettuce.

CITRUS SHRIMP**9.99**

Six sauteed shrimp over fresh, green leaf lettuce and baby spinach with cilantro, red onion, roasted red peppers, pineapple, coconut and roasted peanuts.

SPICY SOUTHWESTERN CHICKEN SALAD**8.99**

A bed of crisp, green leaf lettuce, black beans, roma tomatoes, smoked gouda cheese, banana peppers, roasted red peppers, and blackened chicken, topped with French fried onion rings. *Served with our tangy BBQ sauce. (Make it spicier with hot sauce)*

CAPRESE SALAD**7.99**

Green leaf lettuce, Fresh Basil, Buffalo Mozzarella, and slices of roma tomato.

BABY SPINACH WITH BACON**8.99**

Baby spinach, walnuts, blue cheese, candied bacon, caramelized red onions, strawberries (or pineapple).

STRAWBERRY WALNUT AND BLUE CHEESE**8.99**

Green leaf lettuce, chicken, toasted walnuts, English seedless cucumbers, Strawberries, blue cheese crumbles, and carrot slivers.

PASTAS**VEGETARIAN PASTA****9.99**

Fresh basil, minced garlic, sundried tomatoes, artichoke hearts, baby spinach, and portabella mushrooms. Can be served with your choice of sauce; Alfredo, Pesto Cream, Marinara, or Olive Oil White Wine.

add Chicken **\$1.99** add Shrimp **\$2.99** add Mussels **\$4.99**

LASAGNA**9.99**

A house favorite! Our traditional three-layer, baked meat lasagna.

SPAGHETTI & MEATBALLS**8.99**

Our signature sauce and homemade meatballs served over spaghetti pasta.

CHICKEN PARMESAN**9.99**

Breaded and baked chicken cutlets, served over pasta, topped with melted whole milk mozzarella cheese. *(or with Alfredo Sauce).*

DRUNKEN MUSSELS OVER PASTA**13.99**

Our famous mussels joined with shrimp, blue cheese, seasoned ground beef, roasted red peppers, red onions, garlic, cream, beer, baby spinach all served over spaghetti pasta.

PANINI GRILLED SANDWICHES & CALZONES

Toasted in our panini press and served on our scratch-made focaccia bread, with a choice of baked french fries or our homemade pasta salad. Any sandwich may be served rolled inside a low carb whole-wheat tortilla. Any 8" pizza or sandwich can be made into a calzone.

MUFFALETTA PANINI**7.99**

Loaded with honey cured ham, pepperoni, salami, smoked turkey, and mozzarella cheese, topped with our homemade Kalamata olive tapenade.

TURKEY BLT WITH PESTO PANINI**7.99**

Candied bacon, roma tomato, green leaf lettuce, smoked turkey, mozzarella cheese, and our house made basil walnut pesto.

ITALIAN PANINI**7.99**

Honey cured ham, pepperoni, salami, mozzarella cheese, green leaf lettuce, roma tomatoes, red onions, green peppers and black olives.

PULLED PORK PANINI**7.99**

all the way from Memphis, a simple and delicious treat; pulled pork, sauce, mozzarella cheese pressed between two pieces of our fresh focaccia bread served with a side.

CHICKEN PARMESAN CALZONE**7.99**



Breaded Chicken Cutlets smothered in marinara sauce and topped with mozzarella cheese encrusted in our very own whole wheat pizza dough.

MEATBALL CALZONE**7.99**

Our famous meatballs swimming in our signature marinara sauce and topped with mozzarella cheese encrusted in our very own whole wheat pizza dough.

BUILD YOUR OWN PIZZAS

Homemade hand-tossed thin whole-wheat blend crusts. *Please note that we offer a Gluten Free Crust we do not operate a gluten free environment.

Pizza sizes:	8"	12"	 12"	 *10"	16"
Cheese	3.99	7.99	6.99	8.99	11.99
Extra Toppings	.50	.99	.50	.99	1.00
Premium Toppings	.75	1.25	.75	1.25	2.00

SAUCES: Marinara or Olive Oil

PREMIUM SAUCES: Alfredo, Pesto, BBQ, Wing Sauce and Thai Sauce

CHEESES: Shredded Mozzarella and Parmesan

PREMIUM CHEESES: Smoked gouda, Feta, Blue Cheese, Fresh Buffalo Mozzarella, Ricotta and Goat Cheese

VEGGIES: Black Olives, Green Olives, Button Mushrooms, Red Onions, Green Peppers, Spinach, Pineapple, Carmelized Red Onions, Jalapeño Peppers and Banana Peppers

PREMIUM VEGGIES: Roasted Garlic, Artichoke Hearts, Kalamata Olives, Roasted Red Peppers, Portabella Mushrooms Sun-dried Tomatoes and Roma Tomatoes

HERBS: Fresh Parsley, Fresh Basil, Dry Oregano, and Fresh Cilantro

NUTS: Peanuts and Walnuts

MEATS: Pepperoni, ground Italian sausage, Ground Beef, Honey Cured Ham, Smoked Turkey, Candied Bacon, and Salami

PREMIUM MEATS: Anchovies, Baked Chicken, Chicken Tenders, Meatballs, Memphis Pulled BBQ Pork and Shrimp

OUR FAMOUS GOURMET PIZZAS

Many created by you, our customer.

Pizza sizes:	8"	12"	 12"	 *10"	16"
	5.99-7.99	15.99-17.99	12.99	15.99-17.99	18.99-23.99

BLUE AND GREEN

Marinara, mozzarella cheese, mushrooms, spinach and blue cheese.

PESTO SWIRL

Marinara, mozzarella cheese, sundried tomatoes, goat cheese and topped with a basil walnut pesto swirl.

MAMA MIA

Marinara, mozzarella cheese, pepperoni, ground Italian sausage, honey cured ham, mushrooms, green peppers, and caramelized red onions.

MAUI WOWIE

Marinara, mozzarella cheese, honey cured ham, pineapple, and caramelized red onions.

DIABLO JACK

Marinara, mozzarella cheese, ground Italian sausage, jalapeno peppers, and roasted red peppers.

THE KING

Marinara, mozzarella cheese, baked chicken, ground beef, ground Italian sausage, honey cured ham, and pepperoni.

MEMPHIS BBQ

BBQ sauce, mozzarella cheese, baked chicken, caramelized red onions, and smoked gouda cheese. (Pulled pork can be substituted for chicken), and add bacon for a smokey treat!

PULLED PORK PIE

Marinara, mozzarella cheese, bbq marinated pulled pork.

BLT

Ranch sauce, mozzarella cheese, candied bacon, fresh baby spinach, and roma tomatoes.

BELLA CARUSO

Marinara, mozzarella cheese, ground Italian sausage, roasted red peppers, caramelized red onions, and buttons mushrooms.

SPICY CHICKEN RANCH

Ranch dressing as a sauce, wing sauce-glazed chicken tenders, cilantro, roasted red peppers, and whole milk mozzarella.

THE BIG GREEK

Marinara, mozzarella cheese, spinach, Kalamata olives, roasted garlic, roasted red peppers, and feta cheese.

ORIGINAL VEGGIE MAX

Marinara, mozzarella cheese, button mushrooms, green peppers, caramelized red onions, spinach, roasted garlic, black and green olives, and roma tomatoes.

PREMIUM VEGGIE MAX

Marinara, Roasted garlic, artichoke hearts, Kalamata olives, roasted red peppers, portabella mushrooms, sun-dried tomatoes, and fresh basil.

THAI PIE

Thai peanut sauce, smoked gouda cheese, baked chicken, roasted red peppers, pineapples, caramelized red onions, fresh cilantro, and basil.

WHITEOUT

Alfredo sauce, feta cheese, basil, portabella mushrooms, and sun-dried tomatoes.

SOUTHWESTERN

BBQ sauce, mozzarella cheese, blackened chicken, banana peppers, roasted red peppers, cilantro, black beans, and smoked gouda cheese.

FITNESS PRO

Marinara, chicken, beef, walnuts, pineapple, spinach, sun-dried tomatoes, and light mozzarella cheese.

FIREBIRD

Marinara, baked and diced chicken tenders, roasted red peppers, jalapeno peppers, banana peppers, mozzarella cheese, smoked gouda cheese, and topped with our own spicy wing sauce.

TUSCAN SHRIMP

Light mozzarella, alfredo sauce, spinach, artichoke hearts, shrimp, cilantro, roasted red peppers, and feta cheese.

BEALE ST. BBQ

Marinara, mozzarella cheese, our bbq sauce smoked & pulled pork, roasted red peppers, banana peppers, black beans, and fresh cilantro.



Gluten Free



PK Take & Bake



Low Carb

We accept cash, Visa, Discover, American Express and MasterCard. Sorry, we do not accept checks.

For your convenience, a 20% gratuity will be added to parties of 6 or more. A single check will be presented to parties of 10 or more, unless arrangements have been made during the reservation or with management. Please make reservations for parties of 10 or more. Sorry, no reservations on Friday evenings.

Our full menu is available for carry-out. | Dine-in or Carry-out | (865) 531-1422
Sun - Thurs 11 am – 9pm | Fri - Sat 11 am – 10pm
ThePizzaKitchen.net